



ELECTION RESULTS!

**Congratulations to our newly elected Board members-
HARMON BERGER, NORMAN EDELMAN, IRVING SCHECTER,
CARL SCHWARTZ & SY WILDHORN.**

REVIEW OF GENERAL AND ELECTION OF OFFICERS MEETING

A General Meeting of the Board of Directors was held in the 3rd floor lounge, north building on Tuesday, January 19th, 1988. Two major items were passed after lengthy discussion since the subjects were rather complicated to explain. The "reserve" was passed which will be included in the quarterly maintenance payments. The amount of the annual reserve will be approximately \$111,000.00. The reserve fund will be for the inevitable replacement of the roof, paving, painting, interior improvements, generator and outside utilities. Also passed was a complete annual audit by an independent CPA, other than our regular accountant.

Fred Morton graciously thanked all the Board members for a job well done. Fred Morton also emphasized that all the members of the Board devoted many hours in the service of the Summit and deserved the appreciation of all residents. A well deserved round of applause was the response of the largest attendance of unit-owners at any meeting.

Doris Naron read a list of accomplishments by the Board during the past year.

- 1) The pool deck was resurfaced so that now we can walk on the pool deck without pain.
- 2) Waterproofing and painting of both buildings.
- 2) Tiling of the highly trafficked halls outside the elevators on the 2nd, 3rd and 4th floors and decorating of these areas.
- 4) Landscape enhancement of our grounds of which we can be justly proud.
- 5) Much needed and successful security improvements, especially in our garage.
- 6) As many have experienced, our manager and Condo office

(continued on page 2)

1988 - 1990

A short head line?
Right.

But for Summit residents the next two years will mean a lot. Much has been accomplished, as Doris Naron reports. But much more remains to be done. For the moment, the Board is in a transition as new members take over.

We have just ended an election and it is necessary that residents maintain a close relationship with members. It goes without saying that many of us don't know them all; many of us don't attend meetings or workshop sessions. And then there's a core of residents who come to the Board meetings and simply listen.

We need more do-ers in terms of residents. If you've got ideas how things can be improved, suggest them or get on a committee. The Summit is your home.

Bear in mind that our Board of Directors is there to serve many purposes, the sum total being to keep our two buildings in the best possible shape through effective administration of services.

Get to know Board members. Some of them have higher visibility than others, but all are listeners and they've been chosen because you liked who you saw and what they said. But let's not leave it all to them.

The Summit Observer is your newspaper. Indeed, we are a community by virtually of a population which in season exceeds that of many towns and villages. If you're aware of unpleasant situations, if something gripes you, if you can suggest ways and means to get things done faster, let us hear from you. Just don't write any essays. The shorter the better.

More than ever, these next two years, get involved.

**SUMMIT TOWERS
CONDOMINIUM ASSOCIATION**

BOARD OF DIRECTORS

CARL SCHWARTZ President
IRVING SCHECTER Vice President
FRED RUBENS Secretary
DORIS NARON Treasurer

Harmon Berger **Arthur Kuris**
Norman Edelman **Herbert Lerner**
Sy Wildhorn

IRVING L. ROSENKRANZ Editor
WILLIAM KADUSON Associate Editor
FRED RUBENS Associate Editor
ISRAEL SHRAGIE Assistant Editor
YVONNE MORTEN Social Editor

PRESIDENT'S MESSAGE

As the new president of the Summit Condominium Association, first and respectfully I wish to thank the nominating committee and to those that voted in my favor, my thanks to you.

With respect to all the residents, the Board of 1988 will go forward with the energy of their selected committees and volunteers to make constructive improvements, repairs, a higher grade of security and maintenance.

As President it is not my intent to spend money foolishly, but when needed to enhance and maintain the Summit for the betterment of all, it will be done with careful evaluation of cost, value and performance. What I mean to say, "We will get our bucks worth". No Board member including myself will make a singular financial decision.

I can go on and on with what I feel I can do to improve our Association. You as owners should contribute your suggestions which will not be discarded, but brought to the attention of the Board of Directors.

To the past administration which has left because its term expired, we would appreciate their input and advice, notably in this transitional period.

To the newly elected Board members "Congratulations"! Let us unite as a team for the betterment of the Summit.

I thank the Board for electing me as President.

In conclusion, I may have a title but I am one of you. Let's go forward together; it CAN be done.

Carl Schwartz

* * * * *

PLEASE REGISTER ALL COMPLAINTS IN CONDO
OFFICE, NOT WITH MEMBERS OF THE BOARD.

BOARD MEETING

(continued from page 1)

have become more professional, more efficient and more responsive to the unit owners.

7) Lights were changed to fluorescent in the garage area for substantial utility savings.

8) The requirements for the quorum were reduced from 50 per cent to 35 per cent.

9) In the Summit restaurant the decorations and working facilities have been substantially improved for the convenience and pleasure of our Summit people.

Fred Morton closed the regular meeting and turned the meeting to Nat Arback, chairman of the election meeting who introduced each candidate and gave them permission to talk for two minutes so the unit-owners could be better acquainted with each candidate.

Most of the unit-owners sat and chatted in the lounge waiting for the final tally of votes to be announced. (Results elsewhere on this page).

The election was conducted by Nat Arback in his usual competent and fair manner assisted by Shirley Efroymsen, Howard Kahn, Ruth Lack, Helga Lipow, Harriet Scott and Lou Yager. Thanks a lot for another job well done.

ELECTION RESULTS!

Congratulations to our newly elected Board members:

CARL SCHWARTZ.....PRESIDENT
IRVING SCHECTER.....VICE PRESIDENT
FRED RUBENS.....SECRETARY
DORIS NARON.....TREASURER

HARMON BERGER **ARTHUR KURIS**
NORMAN EDELMAN **HERBERT LERNER**
SY WILDHORN

* * * * *

WHY RESERVES?

There seems to have been a lot of confusion regarding the reserves, and I shall try to explain the purpose and the ramifications of reserves.

The State of Florida make reserves mandatory, but at the same time if a majority of Unit Owners wish to waive the reserves, then they are waived for that year. A majority consists of 284 votes for the Summit.

The Board and the President do not vote for the reserves. The Board votes for the Budget only.

When the Budget is first presented to the Unit Owners for that particular year, proxies are sent out 30 days in advance,

(continued on page 4)

**MAKE YOUR
RESERVATIONS
EARLY!**

YOU ARE INVITED TO ATTEND SUMMIT'S

5th ANNUAL INSTALLATION DINNER AND AWARDS CEREMONY

AT HEMMINGWAY - BRASS RAIL ROOM

HOLLYWOOD, FLORIDA

SUNDAY, FEBRUARY 21st, 1988 at 7 P.M.

Dinner, Dancing & Full Course Prime Rib Dinner

Cash Bar - Hors D'oeuvres - \$25.00 per person.

Dancing & Entertainment by SID CONNIE & CO.

★ ★ ★

**Come and show your appreciation for the outgoing Board and Officers and
welcome your new 1988 Board of Directors.**

★ ★ ★

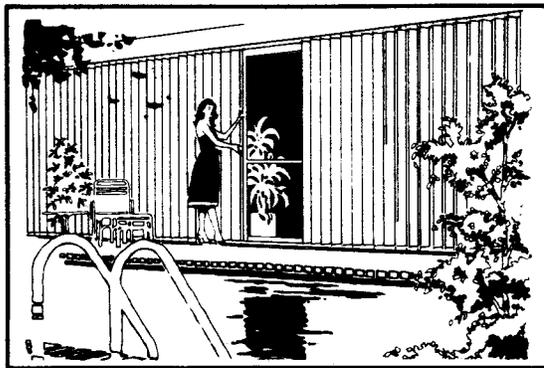
Make your reservations at the Condo office week days between 9 A.M. and 4 P.M.

Make checks payable to "Summit Installation"

**LIMITED
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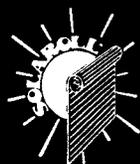


The Accordion Shutter, in the forefront where security from storms and vandalism is imperative-

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- impart a true feeling of peace of mind, knowing your home or apartment has maximum protection when needed.



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SHOWROOM: 915 S. Dixie Highway East, Pompano Beach, FL

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**AS
SEEN
ON T.V.**

(3)

WHY RESERVES?

(continued from page 2)

and if a Unit Owner wishes to waive the reserves he marks his proxy as such, signs it and mails it to the Association. If you wish the reserves to be part of the Budget, you do nothing.

At the January 16th meeting we received 106 proxies waiving the reserves, and we had 48 votes from the floor for a total of 154 votes. A far cry from the 284 votes needed.

As we are a non-profit organization we cannot budget for a surplus. Therefore we must have reserves in case of a catastrophe. Supposing during a hurricane we suffered \$2,000,000.00 in damages; our deductible would be \$600,000.00, which the Unit Owners would have to come up with immediately. Wouldn't it be nice to have those kind of reserves?

Prospective buyers are always inquiring if we have reserves; so do mortgage companies. It is a healthy situation if a Condominium can boast about their reserves.

FRED MORTON

OUTDOOR PARKING FOR GUESTS & HANDICAPPED ONLY!

"TOOTIE" RUBENSTEIN HONORED

About 25 ladies who regularly attend Tootie's exercise class in the ladies' gym honored Tootie at a gourmet luncheon at Le Jardin Restaurant on Tuesday, January 19th. Tootie conducts her exercise classes every Monday, Wednesday and Friday mornings at 9:00 A.M. Ladies, if you would like to have Tootie's shape, join her class, everyone welcome. The day after the luncheon, Tootie extended her class an extra half hour to burn off the extra calories consumed at the luncheon, especially the sumptuous irresistible desserts. Needless to say, a great time was had by all at the luncheon.

BRUNCH FOR FED. U.J.A.

A SMASHING SUCCESS

We raised over \$43,000.00 for projects here in Broward and Israel! We hope by the support of those who have not already given to reach our goal of \$50,000.00!

Sixteen Scrolls were presented to our Trendsetters; those who gave \$1,000.00 or more and other names will be added as received.

SPEEDY RECOVERY

We wish a speedy recovery to Charlie Cohen who is at present undergoing a series of test at Humana Hospital. We miss his wit and wisdom.

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- Contoured on One End for Perfect Fit
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TERRY COLORS	VELOUR COLORS
ROYAL BLUE	YELLOW
YELLOW	BROWN
BROWN	FAWN
ORANGE	ROYAL BLUE
BEIGE	GREY
WHITE	PLUM
GREY	FOREST GREEN

IN REBUTTAL

We hope that the new Board in their combined wisdom will not allow itself to be "steamrollered" into spending \$44,000.00 for pool furniture when a little prudence is called for. True, our present "loungers" (sic) need replacement, but for those of us who live here year 'round, the idea of 410 new pieces of expensive furniture is laughable. During the Summer, if 50 or 60 pieces are used on a good week-end, that's a lot! To see the rest of the furniture "weather" away in the hot sun and rain would be criminal. Sure the samples were beautiful and would add to the prestige to the Summit . . . but do we need so much?

On the subject of spending - I hope the new Board will take into consideration that there are many retirees here whose income is generated by investments alone. The Wall Street debacle of October 19th cut into everyone's income to some extent, and unlike many of our part-timers cannot recoup these losses through their businesses or jobs. The story goes around of one widow here who complained to a "spender" about the increases and assessments, was told: "If you don't like it . . . move!". It grieved us to learn that the unit owners in this recent election chose to eliminate two incumbents who exercised fiscal responsibility during their tenures. One who took his office seriously enough to fly down during the Summer to attend an important meeting during his busiest

season up North (only to have it postponed); and the other who never missed a Board meeting or a workshop and gave willingly of his time and expertise. Oh well, such is politics! We hope their replacements will be equally conscientious.

Finally, in response to the remark in the last "Observer" about 4 card tables that were "bought so easily", let it be known that these combination Poker/Pan tables cost all of \$99.00 each, about half the cost of one of the proposed lounges. 'Nuff said?

DORIS CANTOR

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

"SUPER" SUNDAY

YOU CAN MAKE THE SUMMIT "SUPER" BY
VOLUNTEERING TO SERVE ON ONE OR MORE
OF THE MANY COMMITTEES.

Sunday, Feb. 7th from 1 to 4 P.M.

In the Third Floor North Lounge

Tables will be arranged for you to sign up and enjoy

COFFEE AND CAKE
COURTESY OF THE COFFEE SHOP

EVERYONE WELCOME!

(You do not have to be a unit owner to join a committee)

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HOLLYWOOD SUMMIT O R T NEWS REPORT

Jan. 9/88. The eighty seven strong who attended the Marco Polo's "Touch of Class" were truly thrilled at this exciting and versatile performance. What dancers WOW! Thank you ORTists and non ORTists for making the evening the success it was.

Jan. 17/88. Our Savings of America show was so well attended it was wonderful! We thank Mr. Guy Peets, manager of Savings of America, Hallandale Beach Blvd., who provided the entertainment for the evening. Mr. Peets has worked with us the past 4 years - truly a great supporter of ORT. Israel and I have been doing business with Guy and his considerate and friendly staff ever since. If you are in need of a bank, shop no more. Try Savings of America. You'll be delighted.

Jan. 19/88. A lovely luncheon prepared by the ORT ladies, was held in the South Tower. The attendance was not as numerous as anticipated. Our guest speaker Dr. Linda Kaplan was truly a delight. She gave a most informative slide presentation. There was something for each one of us in her program. Whether you have an eye problem or if you want to become more beautiful, Linda can help. Thank you. Dr. Kaplan!

Jan. 26/88. As I write, we are almost 100 persons to attend the Sheraton Bal Harbor production "HEAT WAVE". I know we are all in for an enjoyable evening. Look for a report in the following Observer.

Feb. 3/88. Our first February project is DAVIDA KAGEN; the finest vocalist we have ever had and the best we can ever hope for. She is great!! A very talented Lyric Soprano and Principal Vocalist of the Wuppertal Opera Co. in West Germany. Davida will entertain us with a variety of Arias, Showtunes, Cantorial and Popular songs accompanied by a very capable pianist. We, who have heard her before will not, I repeat will not miss this truly gifted artist who happens to be the daughter of our very own Mike and Reba Kagen. Thank God they live here - we could never afford the caliber of entertainment Davida brings. Please come - bring friends. It will be a most pleasurable experience. Time will be 7:30 P.M. Social Hall, North Tower, followed with coffee and cake.

Feb. 16/88. Next General Luncheon Meeting and Card Party. Watch for bulletins - everyone welcome!

Feb. 23/88. A DAY AT THE RACES. Wednesday, 11:30 A.M. A delicious fish or chicken dinner - program - seats. Plan to be with us. Whether you wish to bet the horses or not it's an easy fun afternoon. Everyone welcome.

O R T NEEDS YOUR SUPPORT!

Sincerely, **ETTIE SHRAGIE**

**PLEASE! - PLEASE! - PLEASE!
NO SMOKING IN THE ELEVATORS!**

SUMMIT U.J.A. — FEDERATION HAS TRIUMPHANT CAMPAIGN!

It seems only yesterday we sat glued to our radios to listen to the U.N. vote for the creation of the State of Israel.

We have been privileged to witness the miracle of this birth, a birth preceded by the death of six million Jews. We are now privileged to witness the celebration of its fortieth year!

After 40 years of being surrounded by ever-hostile neighbors, besieged with constant terrorism, and many wars, Israel IS and Israel WILL BE! You and I must do what we can to assure this.

The Star of David worn as a symbol of humiliation during the days of the Holocaust now can be looked upon with pride and dignity!

We have been privy to another important development in Jewish History; caring for Jews in need within our own community of Broward County. From the beginnings of Jewish immigration, the "landsleute" societies cared for the needy. Those were primarily burial societies so that Jews need not worry about a proper place of rest.

Today, through Federation, we have broadened our provisions of care to housing, food, nursing facilities and so many other services for those in need. Sometimes we fail to realize there are disadvantaged and underprivileged among our own here in Florida.

The Summit may be proud of its participation in the drive for funds held this month.

On January 24 a complimentary brunch was held in the north lounge; \$45,000.00 was raised.

David E. Edell was an inspirational speaker who vividly explained the gigantic problems in Israel today; and the Jewish programs within our community.

Shirley Cole contributed her own exceptional style of comedy to add to the warmth and delight of the occasion. Paul Malkin, this year's Honoree, presented Honor Scrolls to donors who gave more than \$1,000.00 to the campaign. Bouquets to Selma Beck chairperson, assisted by Evelyn Kraut, Paul Malkin and Al Martin. They did an outstanding job.

Special thanks to the committee consisting of Helen Berkowitz, Clara Baum, Ethel and Is Sapiro, Muriel Malkin, Irving L. Rosenkranz, Minnie and Simon Rubinstein, Ettie and Israel Shragie, David Scott, Harry Cohen, Shirley Cole, Jack and Blanche Rose, Evelyn Kripke, Herman Kerner; and our lovely hostesses Betty Levin, Frieda Richter, Sandy Wildhorn, Bea Oser, Evelyn Russack, Mildred Kahan, Millie Czuchman, Jean Martin and Estelle Haskin. Paul Lipson of Federation did a yeoman job.

Fund-raising, at best, is not a pleasant task, but it was done with serious purposes, with love and devotion to the needs of Israel and local services. **GOD BLESS YOU ALL!**

YOUR COMMITTEE FOR THE 1988 SOCIAL CLUB!

The People who volunteered their services for the Summit Social Club met on Monday, January 25, and elected their officers. They are:—

PRESIDENT: AL FINKELSTEIN
VICE PRESIDENT: YVONNE MORTEN
SECRETARY: ETHEL SAPIRA
TREASURER: IZ SAPIRA
MEMBERSHIP: HOWARD KAHN

Sub Committees were formed for various purposes:—

Betty Levin together with Evelyn Russack will organize regular "Coffee & Danish" meetings for the members and will on occasion present speakers. These meetings will give members the opportunity of making suggestions to their committee, as well as enabling new residents to meet members of the Social Club.

Herbert and Gloria Barker will be organizing an excursion.

Helen Berkowitz will arrange for educational lectures, and it is agreed that in order to have continuity from one year to the next Helen will undertake this task for more than one year.

The Dues for 1988 membership are \$17.50 per person. We ask members of the 1987 Social Club please to sign up as soon as possible and encourage other to join.

Mr. Nathan Raff very kindly offered to assist in driving, fetching and carrying at all hours, and has offered his expertise in catering to the committee.

Mrs. Lucille Schechter chaired the meeting and Sy Wildhorn made some notable comments. Both offered advice and assistance to the Committee. They did a wonderful job. The complete list of volunteers follows:—

**GLORIA & HERBERT BARKER — HELEN BERKOWITZ — LEE & MARTY BIERMAN —
MARIAN BROWN — SYD COHEN — SHIRLEY & MORT COLE — AL & NESA FINKEL-
STEIN — FRANCES FLAX — JEANNETTE GOMBERG — MILDRED KAHAN — LOU
KATZEN — EVELYN KRAUT — DEEDLE & HOWARD KAHN — BETTY LEVIN — IDA
MARCUS — EF MILESTONE — ROSE & NATHAN RAFF — EVELYN RUSSACK — ETHEL
& IZ SAPIRA — EDNA SCHWARZMAN — HARRIETT SCOTT — FLORENCE ZIPPERMAN**

SOCIAL CLUB NEWS

WITH LOVE & HISSES....from YVONNE MORTEN

The residents of the Summit wish to thank Lucille Schecter for taking over the reins of the Social Club at short notice. To her committee another "thank-you". A very high standard has been achieved and we all wish the 1988 Committee luck and continued support.

Condolences to the Schwartz family. Carl's mother, Minerva passed away at the beginning of January.

The following was handed to me by Marjie Steinhauer. I thought we should share it with all of you.

— NOSTALGIA —

It is said that there are three ages of woman: youth, middle age, and "you haven't changed". But change is the name of the game. Consider: We were before frozen food, penicillin, polio shots, radar, credit cards and ballpoint pens. For us, time-sharing meant togetherness, a chip meant a piece of wood, hardware meant hardware and software wasn't even a word.

We were just before pantyhose and drip-dry clothes, before ice-makers and dishwashers, clothes dryers and electric blankets.

We got married first and then lived together. How quaint can you be?

We wore Peter Pan collars and thought a deep cleavage was something butchers did.

We were before the white wine craze, disposable diapers, and the Jefferson nickel. When we were in college, pizzas, cheerios, frozen orange juice and instant coffee were unheard of. We thought fast food was what you ate during Lent.

In our day cigarette smoking was fashionable, grass was moved, coke was something you drank, and pot was something you cooked in. We were before day-care centers, house husbands, baby-sitters, and computer dating. And the term "making out" referred to how you did on an exam.

There were five-and-ten cent stores where you could buy things for five and ten cents. For just one nickel, you could ride the subway or the ferry, or make a phone call, or buy a coke or enough stamps to mail a letter and two postcards.

We were not before the difference between the two sexes was discovered, but we were before sex change. We just made do with what we had. And we were the last generation that was so dumb as to think you needed a husband to have a baby.

Now consider what we did have in 1946 that college students today do not have. We had Housemothers and Big

Sisters. We had daily Chapel and required courses in Bible, Speech, and English Composition. We had hats and white gloves, maids and white table cloths. Linen napkins and candles long past gone.

We also had girdles with garters on them and petticoats and serge bloomers for gym. We mailed our laundry home in cardboard containers, and it came back with Brownies. We had fountain pens and bottles of real ink. We had stockings made of real silk with seams up the back that were never straight.

Unlike the remote control dancers of today, we knew how it felt to have your partner hold you close and double-dip. We had Toscanini and Edward VIII and saddle shoes and cars with rumble seats. And when Ray Noble played "The Very Thought of You" on his piano, we melted.

In the springtime of my senility, I am a misfit. I don't go in for consciousness raising or sensitivity training. I don't like to jog. I don't like pesto sauce. I don't know how to pump my gas. I'm not into veggies or Yoga or Zen or Punk. My idea of a good time is to walk with a man...not jog with a Walkman.

I seek silence in a day when silence is as rare as a Gutenberg Bible. The man I live with is my husband, and after 42 years, he's still the same one.

How embarrassing!

SOCIAL CLUB MEETING

A Special Meeting of the Social Club was held in the third floor lounge on Monday, January 25th, 1988 at 7:30 P.M. The meeting was chaired by Evelyn Kraut, Lucille Schecter and Sy Wildhorn. Evelyn Kraut made an eloquent appeal for volunteers to become members of the Board of Directors. Nineteen (a record) answered the call! Many great ideas for future events were called out from the floor. An air of enthusiasm prevailed at the conclusion of the meeting. Coffee and delicious cakes were served and a pleasant social interlude was enjoyed by all.

From what was spoken at this meeting great events are in store for us in 1988. Please remember, we will get out of the Social Club what we as individuals put into it. **GET INVOLVED! - DO YOUR SHARE! - ONLY THEN WILL WE HAVE A SOCIAL CLUB THAT IS TRULY A SOCIAL CLUB!**

Join the Social Club and Join the Fun!

HEALTH WATCH: CHOLESTEROL

Cholesterol. It keeps you healthy, but also wears the mask of a killer.

By way of background, cholesterol is but one of many compounds in our blood system. Blood itself is 78 per cent water and 22 per cent solids; that's where cholesterol comes in.

It is a steroid alcohol made by animals and eventually is ingested by millions of us who enjoy steak, roast beef and other meats which contain fatty substances. It's these substances which produce cholesterol that clogs arteries. At worst it prevents your heart from getting a full measure of blood. The consequences can be fatal.

This is not to say that we should abstain from eating meat but somewhere along the line it's best to strike a happy medium.

The normal blood level of cholesterol is 150 milligrams per 1/10th blood. Many researchers and physicians agree that a range of 100 to 200 mgs is optimally healthful; untold numbers of us have levels of 400 or more. Get a cholesterol check the next time your blood is tested.

Helpfully, on the other side of the coin, cholesterol is necessary to a variety of body functions. The chemical plays a major role in the body's development of adrenal and sex hormones; in our gall bladder cholesterol helps produce and full digest fat soluble vitamins.

Some years ago a study concluded that high cholesterol increased the risk of heart attack; but more recent research showed there was not enough evidence to recommend a drastic reduction of high cholesterol foods. Simply cut down on fatty beef, rich sauces, and creamy desserts.

Your diet, according to many nutritionists should include dairy products, elimination of salt and sugar and deep fried food. Cooking oils should include unsaturated types and your diet, at home or in restaurants, should rely on foods that are steamed, boiled, broiled or baked. Chicken and sea fish are ideal. For pasta hounds, a small side dish should be enough, if you've had your fill of baked potatoes.

Cardiologists agree that the threat of coronary attack is related to what we eat, a life style that includes more than the normal amount of alcohol and eliminate smoking if you can. If you're in your 40's and somewhere in your family there's a history of heart disease you could be a prime candidate for what medical writers call "the iron claw".

How to cope? Avoid, if you can stress and other forms of emotional strain. Maintain an acceptable body weight. Exercise as much as you can; minimally four or five hours a week. The Summit has excellent gym equipment. And say "goodby" to rich foods.

A French physician and nutritionist says: "Tell me what you eat and I can tell you your life expectancy".

BILL KADUSON

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